

CT abdomen

with long oral preparation



Information for patients Radiology

In order for this scan to work you will need to drink a contrast solution during the two days leading up to your scan. This helps us to get a clear image of your abdomen during the scan.

What will I be given?

You will be given the contrast solution in a bottle which contains enough liquid concentrate to make 5 portions/drinks.

- 1 x 50ml bottle of Omnipaque 350

How do I make up the solution?

1. Dilute 5mls of Omnipaque in 250mls of water (this is 1 portion)
2. You should start taking the Omnipaque 2 days before your scan date
3. Drink 1 portion of fluid every 12 hours
4. In total you should drink 5 portions of the fluid over 2 days

You may eat and drink as normal.

Example

Day	Time	Preparation
Two days before the scan	Morning 7.00am	1st portion Dilute 5mls of Omnipaque in 250mls of water and drink the full amount.
	Evening 7.00pm	2nd portion
Day before the scan	Morning 7.00am	3rd portion
	Evening 7.00pm	4th portion
Day of the scan	Morning 7.00am	5th and final portion

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What should I do on the day of the scan?

Before you arrive you should remember to take the final portion of the contrast solution.

When you arrive you will be asked to wait in the waiting room where a member of the CT scanning team will give you an extra 1 litre of contrast which you will drink over half an hour before you go in for your scan.

Who should I contact if I have any queries?

If you need any further information please contact the CT scanning department as follows:

- **0114 271 2534** (Royal Hallamshire Hospital)
- **0114 271 5420** (Northern General Hospital)



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